

BOXING CANADA



Articles and Rules

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ARTICLES AND RULES

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INTRODUCTION

1. The aim of this Rule Book

The aim of this Rule Book is to detail for competitors, coaches and officials at all levels and the interested public, the regulations that govern amateur boxing in Canada.

2. Governing Organization

- 2.1 At the Olympic or international level by the International Boxing Association;
- 2.2 At the national level by the CABA, also known as Boxing Canada;
- 2.3 At the provincial/territorial level by the Provincial/Territorial Branches of Boxing Canada (Provincial/Territorial Amateur Boxing Association).

3. Application of AIBA Rules

- 3.1 Boxing Canada accepts the AIBA rules as defined in the current AOB Competition Rules, but with modifications for amateur boxing in Canada;
- 3.2 Competitors, coaches and officials involved in international competition will come under the jurisdiction of AIBA;
- 3.3 Competitors, coaches and officials in competition in Canada will come under the jurisdiction of Boxing Canada. and AIBA;
- 3.4 These rules are specifically designed for the purposes of the organization and the administration of amateur boxing in Canada.

4. The Contents of this Rule Book

This rule book is divided into two (2) main sections:

The Articles - These are directions for boxing organizations and administration;

The Rules - Rules for Competition Management

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THE ARTICLES

ARTICLE 1 – CANADIAN, PROVINCIAL AND REGIONAL CHAMPIONSHIPS JURISDICTION

- 1.1 Championships involving boxers of up to four (4) different affiliates shall be supervised and sanctioned by the applicable committee. Where five (5) or more affiliates are involved, supervision and sanction will be arranged by Boxing Canada.
- 1.2 A team shall not be called a provincial team unless so designated by the Provincial Association concerned. If a boxer has competed in a provincial championship, he/she cannot represent another province in that competition year.
- 1.3 Amateur boxers may only represent that province where they legally reside, unless a boxer has trained in and represented a club of a bordering province, and is registered with the bordering province since the start of the competition year and a waiver is obtained from the province of residence.
- 1.4 An amateur boxer may enter a National Championships only as a Canadian citizen or a permanent resident. 1.5 Only open class boxers shall participate in National Championships.

ARTICLE 2 – SANCTIONS OF COMPETITIONS AND REPORTS

- 2.1. All international competitions held in Canada, and all national competitions involving more than four (4) affiliated branches, must be sanctioned by Boxing Canada and the organizer's application for sanction addressed to the National Office of Boxing Canada.
- 2.2. All competitions involving less than four (4) affiliated branches and no competitors from outside Canada, except from U.S. Border States, must be sanctioned by the affiliated branch under whose jurisdiction the competition is being held.
- 2.3. Applications for sanction shall be made at least 30 days prior to the event and shall imply acceptance by the competition organizers of the following obligations if the sanction is granted:
 - 2.3.1. That the competition will be conducted under the rules of Boxing Canada and International Boxing Association (AIBA) when applicable;
 - 2.3.2. Payment to the sanctioning body of the appropriate sanction fee.

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2.4. In the event of a competition being held as described in Article 2, the affiliated branch shall forward to Boxing Canada Head Office the following information:

- 2.4.1. Place and date of competition or tournament;
- 2.4.2. Names of teams and contestants;
- 2.4.3. Names, weights and results of each bout;
- 2.4.4. Names and qualification of officials;
- 2.4.5. Name of medical officer's attending.

ARTICLE 3 – TRAVEL PERMITS

3.1. Travel permits for members of Boxing Canada to compete outside Canada must be authorized and issued by:

- 3.1.1. For Border States of USA, issued by the affiliated Branch President or his/her authorized delegate;
- 3.1.2. Other than Border States and for other countries, issued by Boxing Canada National President or authorized delegate.

3.2. Definition of Border States:

- 3.2.1. A Border State is any state of USA bordering on Canada, which can be entered without passing through another state or province.

ARTICLE 4 – ACTION ON QUESTIONS ARISING NOT COVERED BY THE ARTICLES OR RULES

In the event of any question arising and not being provided for in these articles and rules, Boxing Canada's Executive Committee shall have the power to decide such questions. ARTICLE

ARTICLE 5 – APPLICATION OF ARTICLES AND RULES

These articles and rules apply to all boxers, coaches and officials and to all sanctioned boxing tournaments in Canada.

ARTICLE 6 – ALTERATION OF ARTICLES OR RULES

Amendments may only be made to these articles and rules by a two-thirds (2/3) majority vote at the Annual Boxing Canada Meeting.



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RULE 1 – COMPETITION MANAGEMENT

1.1 Age Classification:

- 1.1.1 Male and Female boxers between the ages of 19–40 are categorized as Elite Boxers.
- 1.1.2 Male and Female boxers between the age of 17–18 are categorized as Youth Boxers.
- 1.1.3 Male and Female boxers between the age of 15–16 are categorized as Junior “C” Boxers.
- 1.1.4 Male and Female boxers between the age of 13 – 14 are categorized as Junior “B” Boxers.
- 1.1.5 Male and Female boxers between the age of 11 – 12 are categorized as Junior “A” Boxers.
- 1.1.6 Male and Female Boxers who are 8, 9, and 10 years of age may now compete in "Initiation Bouts" starting January 1st, 2015.
 - 1.1.6.1 In order to compete, a Boxer must be in their eighth (8th year) according to their year of birth.
 - 1.1.6.2 Boxers may compete against each other with a maximum of 12 months difference in age.
 - 1.1.6.3 Duration of bouts – Three (3) rounds. Rounds are 1 minute in duration.
 - 1.1.6.4 Full training head guards are required.
 - 1.1.6.5 Maximum 2 kilos difference in weight.
 - 1.1.6.6 Both Boxers must wear 10oz. gloves.
 - 1.1.6.7 Difference in experience - Maximum of 5 bouts difference.
 - 1.1.6.8 Both Boxers must be declared as winners
- 1.1.7 Male and Female over 40 years of age are categorized as Master Boxers.
- 1.1.8 The category (age classification) of a Boxer is determined by using his/her year of birth.
- 1.1.9 From now on (immediately), Men Boxers aged 18 following their date of birth will be allowed to participate in all Elite Men Competitions (AOB, APB, and/or WSB). This Grace Period will end on December 31, 2016.

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1.2 Competition Classification:

When not in the same classification the maximum allowable age variances are:

- 1.2.1 Junior A boxers shall be allowed to box Junior B boxers, in provincial events. (24 months between date of birth);
- 1.2.2 Masters boxers may only box opponent 10 years older or younger (DOB).

NOTE: When a bout involves boxers of two (2) different age classifications, the number of rounds and length of rounds must be those of the lower age classification.

When a bout involves boxers of two (2) different Master classifications, the number of rounds must be those of the upper age classifications.

RULE 2 – CATEGORY OF BOXERS

- 2.1 Novice – is a boxer who has competed in 10 bouts or less.
- 2.2 A novice boxer may be considered for open competition based on the judgment of his/her provincial branch executive, provided the boxer has competed in at least five (5) bouts as a novice (two (2) wins and no more than two (2) completed exhibitions bouts).
- 2.3 Exhibition bouts count in the number of total bouts of novice boxers. If a novice boxer enters a novice tournament with ten (10) bouts or less and finishes a tournament with more than ten (10) total bouts, the boxer remains a novice until the end of the tournament.
- 2.4 Open – is a boxer who has competed in more than 10 bouts. (or if a boxer has been upgraded as per rule 2.2)
- 2.5 Amateurs in Kick Boxing, MMA or any other contact sport may join Boxing Canada and register as a member but shall not spar or compete for 60 days from the date of registration.

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RULE 3 – WEIGHT DIVISIONS FOR COMPETITIONS

3.1 WEIGHTS FOR ELITE MALE AND YOUTH MALE

| Elite Male and Youth Male Boxers 10 weight categories | | |
|--|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| Light – fly | 46 | |
| Fly | 49 | 49 |
| Bantam | 52 | 52 |
| Light | 56 | 56 |
| Light – Welter | 60 | 60 |
| Welter | 64 | 64 |
| Middle | 69 | 69 |
| Light – Heavy | 75 | 75 |
| Heavy | 81 | 81 |
| Super - Heavy | + 91 | |

3.2 Weights for Elite Female

| Olympic Games Elite Female Boxers 3 Weight Categories | | |
|--|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| Fly | 48 | 51 |
| Light - Welter | 57 | 60 |
| Light - Heavy | 69 | 75 |

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3.3 Weight for Elite Female and Youth Female

| Elite Female and Youth Female boxers 11 weight categories | | |
|--|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| Light – Fly | 45 | 48 |
| Fly | 48 | 51 |
| Bantam | 51 | 54 |
| Feather | 54 | 57 |
| Light | 57 | 60 |
| Light – Welter | 60 | 64 |
| Welter | 64 | 69 |
| Middle | 69 | 75 |
| Light – Heavy | 75 | 81 |
| Heavy | +81 | |

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3.4 Weight for Junior C Male and Female Boxers

| Junior C Male and Female Boxers | | |
|---------------------------------|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| | 36 | |
| | 38 | 39 |
| | 40 | 41 |
| | 42 | 43 |
| Pin | 44 | 46 |
| Light – Fly | 46 | 48 |
| Fly | 48 | 50 |
| Light Bantam | 50 | 52 |
| Bantam | 52 | 54 |
| Feather | 54 | 57 |
| Light | 57 | 60 |
| Light - Welter | 60 | 63 |
| Welter | 63 | 66 |
| Light Middle | 66 | 70 |
| Middle | 70 | 75 |
| Light - Heavy | 75 | 80 |
| Heavy | +80 | |

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3.5 Weight Divisions for Junior A and Junior B :

| Junior A | | Junior B | |
|-----------|------------|-----------|------------|
| Over - kg | Under - kg | Over - kg | Under - kg |
| 26 | 28 | | |
| 28 | 30 | | |
| 30 | 32 | | |
| 32 | 34 | | |
| 34 | 36 | 34 | 36 |
| 36 | 38 | 36 | 38 |
| 38 | 40 | 38 | 40 |
| 40 | 42 | 40 | 42 |
| 42 | 44 | 42 | 44 |
| 44 | 46 | 44 | 46 |
| 46 | 48 | 46 | 48 |
| 48 | 50 | 48 | 50 |
| 50 | 52 | 50 | 52 |
| 52 | 54 | 52 | 54 |
| 54 | 57 | 54 | 57 |
| 57 | 60 | 57 | 60 |
| 60 | 63 | 60 | 63 |
| 63 | 66 | 63 | 66 |
| 66 | 70 | 66 | 70 |
| | | 70 | 75 |
| | | 75 | 80 |
| | | +80 | |

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3.6 Weights for Master Male

| Master Male Boxers 10 weight categories | | |
|--|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| Light – Fly | 46 | 49 |
| Fly | 49 | 52 |
| Bantam | 52 | 56 |
| Light | 56 | 60 |
| Light – Welter | 60 | 64 |
| Welter | 64 | 69 |
| Middle | 69 | 75 |
| Light – Heavy | 75 | 81 |
| Heavy | 81 | 91 |
| Super – Heavy | +91 | |

3.7 Weights for Master Female

| Master Female Boxers 11 weight categories | | |
|--|-----------|------------|
| Weight Division | Over - kg | Under - kg |
| Light – Fly | 45 | 48 |
| Fly | 48 | 51 |
| Bantam | 51 | 54 |
| Feather | 54 | 57 |
| Light | 57 | 60 |
| Light – Welter | 60 | 64 |
| Welter | 64 | 69 |
| Middle | 69 | 75 |
| Light – Heavy | 75 | 81 |
| Heavy | +81 | |

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RULE 4 – REGULATIONS CONCERNING NON -TOURNAMENT BOUTS

4.1 Definition

- 4.1.1 Non-tournament events are bouts between competitors who are not part of a sanctioned tournament event. These bouts include club shows, invitational events, exhibitions and public sessions;
- 4.1.2 Exhibitions and public sessions are non-competitive bouts where ringside judges will not be used. All other ringside officials must be in attendance (referee, doctors, timekeeper, etc.).

4.2 Sanctions

- 4.2.1 Bouts may only be conducted as part of an event sanctioned by the appropriate national, provincial or regional authority.

4.3 Approval

- 4.3.1 All non-tournament events must adhere to the same regulations concerning age, weight and experience as a regular sanctioned tournament;
- 4.3.2 Competitors, their coaches/seconds, the supervisor of the event and the attending physician must all agree to approve the bout.

4.4 Recording of Exhibition Bouts

- 4.4.1 The results of all bouts must be recorded in each competitor's passport and count as part of a competitor's total number of bouts.
- 4.4.2 Bouts that go to the time limit will be recorded as "EXH" (Exhibition).
- 4.4.3 Should these bouts be stopped before the time limit, the reason must be recorded in each competitor's passport, e.g.: TKO, KO, etc.
 - Example: Winner TKO win
Loser TKO loss

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4.5 Rules

All Boxing Canada articles and rules shall apply, except for these allowances:

4.5.1 Headguards

- Headguards are compulsory for all bouts, except for Elite Males.
 - o For Elite Male exhibition bouts only, head guards are compulsory
- AIBA or USA Boxing headguards are permitted.

4.5.2 Gloves

- 16 oz. AIBA or USA Boxing approved gloves for exhibitions;
 - o Under special circumstances, 10oz, 12oz or 14oz gloves may be used for the smaller weight divisions at the supervisor`s discretion;
- 16 oz. gloves for sparring;
- 16 oz. USA Boxing approved gloves for Masters category

4.5.3 Age

The maximum allowable age variances are :

| | |
|--------------------------|---|
| Junior A with a Junior B | 24 months between dates of birth |
| Elite with an Elite | Difference in experience and number of bouts to be considered |
| Masters | 10 years between dates of birth Difference in experience and number of bouts to be considered. |

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4.5.4 Weight

- When not in same weight division, the following will apply;

| | |
|---|---|
| Youth and Elites | Male under 52 kg, or Female under 60 kg, the difference may be 3 kg |
| Youth and Elites | Male over 52 k and under 69 kg, or Female over 60 kg and under 69 kg, the difference may be 4 kg |
| Youth and Elites | Male over 69 kg and under 91 kg, or Female over 69 kg and under 81 kg, the difference may be 6 kg. |
| Male – no maximum weight difference if both boxers are over 91 kg | |
| Female – no maximum weight difference if both boxers are over 81 kg | |
| <ul style="list-style-type: none"> • Age, experience and number of bouts shall be considered | |
| <ul style="list-style-type: none"> • Junior A, B et C Male and Female | <ul style="list-style-type: none"> • If under 54 kg, difference may be 3 kg • If over 54 kg and under 66 kg, difference may be 4 kg • If over 66 kg and under 80 kg, difference may be 6 kg • If both boxers are over 80 kg, no maximum allowance |
| Masters Male and Female | Maximum weight allowance for all divisions : 4.5 kg |

4.5.5. Experience | Bouts

| | |
|------------------|---|
| Novice vs Novice | 7 bouts maximum difference |
| Novice vs Open | 5 bouts maximum difference |
| Open vs Open | No limit – Each competitor’s experience shall be considered |

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PLEASE NOTE:

Novice VS open: Number of rounds and length of rounds must be those of the novice boxers.

Elite Novice VS Elite Open: Can compete in exhibition bouts with headguards and 5 bouts maximum difference.

Novice Elite Boxers: In order for a novice elite boxer to compete an elite open boxer, the boxer must turn open

4.6 Criteria All three (3) critical points (age-weight-experience) must be considered before a bout is approved.

RULE 5 – ROUNDS

5.1. Open Boxers

5.1.1. In all Male Elite and Youth Male approved competitions, the bouts shall consist of three (3) rounds of three (3) minutes each with a one (1) minute rest interval.

5.1.2. In all Female Elite and Youth Female approved competitions, the bouts shall consist of four (4) rounds of two (2) minutes each with a one (1) minute rest interval.

5.1.3. In all Junior C Male & Female approved competitions, the bouts shall consist of (3) rounds of two (2) minutes each with a one (1) minute rest interval.

5.1.4. In all Junior B Male & Female approved competitions, the bouts shall consist of (3) rounds of one minute and a half (1.5) each with a one (1) minute rest interval.

5.1.5. In all Junior A Male & Female approved competitions, the bouts shall consist of a (3) rounds of one (1) minute each with a one (1) minute rest interval.

5.1.6. During the interval between rounds, boxers must face the ring centre.



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5.2. Rounds for Novice Boxers

- 5.2.1. Novice Elite Male or Female – 19 to 40 years old, the bouts shall consist of three (3) rounds of two (2) minutes each with a one (1) minute rest interval.
- 5.2.2. Novice Youth Male or Female – 17 & 18 years old, the bouts shall consist of three (3) rounds of two (2) minutes each with a one (1) minute rest interval.
- 5.2.3. Novice Junior C Male or Female – 15 & 16 years old, the bouts shall consist of three (3) rounds of two (2) minutes each with a one (1) minute rest interval.
- 5.2.4. Novice Junior B Male & Female – 13 & 14 years old, the bouts shall consist of (3) rounds of one minute and a half (1.5) each with a one (1) minute rest interval.
- 5.2.5. Novice Junior A Male & Female – 11 & 12 years old, the bouts shall consist of (3) rounds of one (1) minute each with a one (1) minute rest interval.

5.3. Rounds for Master Divisions:

- 5.3.1. 41 to 45 years old, the bouts shall consist of three (3) rounds of two (2) minutes each with one (1) minute rest interval.
- 5.3.2. 46 to 55 years old, the bouts shall consist of three (3) rounds of one minute and a half (1.5) each with a one (1) minute rest interval.
- 5.3.3. 55 years old and over, the bouts shall consist of three (3) rounds of one (1) minute each with a one (1) minute rest interval.

RULE 6 – GLOVES

- 6.1 Boxers must wear red or blue gloves, as per the respective Boxer`s corner.
- 6.2 In all Competitions, gloves have to be provided by the Organizing Committee and have to be approved by the Supervisor. Boxers will not be allowed to wear their own gloves.

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6.3 Specifications:

6.3.1 For AOB Elite Men Competitions:

6.3.1.1 Ten (10) oz. gloves must be used from the Light Flyweight (49KG) category to the Light Welterweight (64KG) category;

6.3.1.2 Twelve (12) oz. gloves must be used for the Welterweight (69KG) category to the Super Heavyweight (+91KG) category.

6.3.2 For all other AOB Competitions:

6.3.2.1 Ten (10) oz. gloves must be used.

6.3.3 For all Masters Competitions:

6.3.3.1 USA Boxing approved sixteen (16) oz. gloves must be used.

RULE 7 – HEADGUARDS

7.1 In Boxing Canada Elite Men Competitions, headguards are no longer allowed.

7.2 For all other Boxing Canada Competitions such as Women`s Competitions, Youth and Junior Competitions (Men and Women), the use of a headguard is mandatory.

7.3 In all Boxing Canada Competitions, Confederation Competitions and National Competitions, Boxers must use headguards manufactured by one of the AIBA Official Boxing Equipment Licensees. 7.4 All boxers in the Masters Divisions must wear USA Boxing approved Masters Headguards.

NOTE:

Interpretation of this rulebook: The interpretation of these rules is the responsibility of the respective province`s chief official.

