



**BOXING CANADA**  
**HIGH PERFORMANCE PROGRAM SELECTION POLICY**  
**2018 PROGRAM YEAR**

**1. PURPOSE**

This document establishes the process and criteria to be used to select and nominate the 2018 Boxing Canada Men's and Women's National Teams and Development Teams.

**2. NATIONAL TEAM OBJECTIVE**

The objective of the National Team is to win gold medals at the Olympic Games. Attendance at other international competitions is part of the development of National Team towards achieving that objective. Winning any medal at any of these events is recognized as considerable achievement but the main objective is to win gold at the Olympic Games.

**3. INTRODUCTION**

1. This High Performance Program Selection Policy sets out the process of:
  - Identifying the athletes who are eligible for selection to the 2018 High Performance Program; and
  - From this group, determining which athletes shall be offered positions on the 2018 National Team and Development Program.
  
2. Athletes eligible for selection to the 2018 High Performance Program are identified, ranked and offered National Team and Development Program positions in accordance with the specific procedures set out below.

**4. DECISION MAKING AUTHORITY**

1. The High Performance Director (HPD) is responsible for the implementation of the selection policy. The Executive Director (ED) will assist the HPD in ensuring that the process outlined in this document is properly followed and that is fair and equitable for all candidates.
  
2. All athlete's nominations will be reviewed by the High Performance Advisory Committee (HPAC).

**5. GENERAL CONSIDERATIONS**

1. The Boxing Canada High Performance Program's recommendations shall ordinarily be made based on results of the previous 12 months, in accordance with the procedures detailed in this document. Other factors which may be included in determining selections are athlete progress towards established performance objectives (utilizing the Gold Medal Profile), long term potential as measured against the discipline's Performance Curve (utilizing a win-loss record as performance data), and athlete physical conditioning (utilizing National Team physical testing).



2. All High Performance Program athlete selections are for a one-year period only, unless an athlete voluntarily withdraws, or is removed from the program for failure to meet program expectations & monitoring compliance / submissions.
3. The maximum number of available positions on the national boxing team, subject to available resources, shall be identified at the onset of the selection process.
4. Athlete rankings based on the selection process will ordinarily determine the order of selection for available High Performance Program positions. However, Boxing Canada HPD retains discretion to make extraordinary selection recommendations. In these cases, the HPD will provide written justification supporting the recommendation. Justifications could include, but are not limited to, evidence such as Gold Medal Profile (GMP) scores, Podium Results, Athlete assessment, National Team Physical Testing data, athlete psychological profiles, or significant results at key competitions.
5. Athletes wanting to be selected in the High Performance Program should therefore consider in advance in which weight category they wish to compete in the season when registering for a selection event. If for any reason an athlete had to change weight category after the assessment and selection process of the High Performance Program, the determination to change weight category will be made on a case by case basis. Such determination is under the authority of the HPD and will be documented accordingly. If the change of weight category is accepted by the HPD, the athlete National Team pool ranking will remain the same in the High Performance Program Selection Policy.

## **6. ATHLETE ELIGIBILITY REQUIREMENT**

1. To be eligible for selection to the High Performance Program, an athlete must:
  - a) Be in good standing with Boxing Canada;
  - b) Not have any outstanding fines/fee payable to Boxing Canada that are more than 30-days in arrears or are without an proved payment plan;
  - c) Must be a Canadian Citizen at the time of selection;
  - d) Have done the National Team Physical testing;
  - e) Have read, signed, and return the Boxing Canada Athlete Agreement by the due date. It is a condition of this agreement that the athletes agree to participate in and meet all competition, training and participation requirements as determined by the HPD. No selection will be processed without the signed Athlete Agreement being filed with Boxing Canada;
  - f) Comply with the communication requirement set out in the Section 7.
  - g) Have participated in the applicable selection trials and event unless otherwise exempted;
2. An athlete who does not meet the eligibility criteria set out above may be considered for selection if she or he meets the conditions of the Extenuating Circumstances provisions set out in section 12.



## 7. COMMUNICATION

1. Each athlete who will be considered for selection must ensure their full contacts details have been provided to Boxing Canada HPD. This information will be used for monitoring the athletes progress, to be able to communicate important information regarding selection, and the administration.
2. At the beginning of the seasons the HPD will meet with the athletes to discuss their performance goals and their training and competition program.
3. Once the athlete has been meet by the HPD, it is the ultimate responsibility of the athlete to communicate with the HPD as to the progress of their training and competition program in relation with the performance goal established prior.
4. Any athlete selected for the High Performance Program will need to provide Yearly Training Plan (YTP) with details indicating the planned preparation leading to each competitions.

## 8. SELECTION PROCESS

- **National Team Selection will be based on the following criteria:**

### National Team Pool “A”

Intent of Pool “A”: Solidify athlete’s status on the international scene and provide a world-leading program that supports athletes to **achieve** and **maintain** podium World Championships and podium Major Game’s performances within the season.

Event Focus: World Championships and Olympic Games

### With these athletes we strive to:

- Promote core competencies (i.e valuing, leadership, interaction, critical thinking, and problem solving) as per Boxing Canada’s GMP and Long Term Athletes Development (LTAD) model
- Perfecting the sport specific skills and abilities necessary to be a world-class boxer as per Boxing Canada’s GMP and LTAD model
- Adjusting volume and intensity of training required to be a world-class boxer
- Maintain training’s specialization and performance enhancement

### Athlete Commitment:

- Full-time commitment which means about 40hrs per week of training, recovery, mental preparation and administrative work.



Performance Requirements:

- 1) Podium at Olympic Games
- 2) Podium at World Championships

National Team Pool “B”

Intent of Pool “B”: Provide a world-leading program that supports athletes **capable of achieving** top 8 World Championships and podium Major Game’s performances within the season.

Event Focus: World Championships, Olympic, Pan American and Commonwealth Games

With these athletes we strive to:

- Emphasis an holistic learning approach centered on the athlete’s needs and development
- Promote core competencies (i.e valuing, leadership, interaction, critical thinking, and problem solving) as per Boxing Canada’s GMP and LTAD model
- Optimizing the sport specific skills and abilities necessary to be a world-class boxer as per Boxing Canada’s GMP and LTAD model
- Increase volume and intensity of training required to be a world-class boxer
- Emphasis is on specialization and performance enhancement

Athlete Commitment:

- Full-time commitment which means about 40hrs per week of training, recovery, mental preparation and administrative work.

Performance Requirements:

- 1) Top 8 at Olympic Games (with at least 1 win\*)
- 2) Top 8 at World Championships (with at least 1 win\*)
- 3) Podium at Pan American Games (with at least 1 win\*)
- 4) Podium at Commonwealth Games (with at least 1 win\*)

**\* Walk-over does not count as a win**

National Team Pool “C”

Intent of Pool “C”: Provide a program aimed at developing boxers to perform consistently at International competitions and Continental Championships, and required appropriate levels of support to prepare for it.

Event Focus: International Competition, Continental Competition, Continental Championships, Pan American Games and Commonwealth Games



With these athletes we strive to:

- Develop an holistic learning approach centered on the athlete's needs and development
- Promote core competencies (i.e valuing, leadership, interaction, critical thinking, and problem solving) as per Boxing Canada's GMP and LTAD model
- Develop the sport specific skills and abilities necessary to be an International-class boxer as per Boxing Canada's GMP and LTAD model
- Build in volume and intensity of training required to be an international-class boxer
- Consolidate strengths
- Work on weaknesses

Athlete Commitment:

- Part-time to full-time commitment which means about 30hrs to 40hrs per week of training, recovery, mental preparation and administrative work.

Performance Requirements:

- 1) Podium at Continental Championships (with at least 2 wins\*)
- 2) Three (3) Podium at International Tournament\*\* (with at least 2 win\*)
- 3) Elite Canadian Trial Champion
- 4) Elite Canadian Champion or 2018 Commonwealth Games Participant
- 5) High Performance Director Assessment

**\* Walk-over does not count as a win**

**\*\* Dual matches don't count as an International Tournament**

➤ **Development Program Selection will be based on the following criteria:**

Development Pool

Intent of Dev Pool: Develop up and coming boxers to perform at the Continental competitions and Youth world level.

With these athletes we strive to:

- Ensure learning approach centered on the athlete's needs and identified development gaps
- Promote core competencies (i.e valuing, leadership, interaction, critical thinking, and problem solving) as per Boxing Canada's GMP and LTAD model
- Identify and develop the sport specific skills and abilities necessary to be an international-class boxer as per Boxing Canada's GMP and LTAD model
- Build in volume and intensity of training required to be an international-class boxer

Event Focus: Youth World Championships, Youth Olympic Games, Youth Commonwealth Games, International Competitions and Continental Championships



#### Athlete Commitment:

- Part-time to full-time commitment which means about 20hrs to 30hrs per week of training, recovery, mental preparation and administrative work.

#### Performance Requirements:

Youth Athletes (born in 2000 or 2001):

- 1) Top 8 at Youth World Championships (with at least 2 wins\*)
- 2) Top 8 at Youth Olympic Games (with at least 2 wins\*)
- 3) Podium at Youth Commonwealth Games (with at least 2 wins\*)
- 4) Canadian Youth Champion
- 5) High Performance Director Assessment

**\* Walk-over does not count as a win**

Junior Athletes (born in 2002 or 2003)

- 1) High Performance Director Assessment

### **9. HIGH PERFORMANCE COMMITTEE ASSESSMENT**

**Elite Athletes (born in 1999 or before):**

High Performance Director assessment decisions will be at the discretion of Boxing Canada and will be based on the Boxing Canada assessment and will be documented accordingly by the HPD.

**Youth Athletes (born in 2000 or 2001) and Junior Athletes (born in 2002 or 2003):**

High Performance Director assessment decisions will be at the discretion of Boxing Canada and will be based on the following:

- Athlete history of competitive performances
- Athlete performance curves (National and International win/loss ratio)
- Athlete technical skills and potential for improvement
- Athlete commitment and adherence to an approved high performance training program
- Athlete physical and mental readiness
- Athlete potential for long term international competitive success



## 10. FUNDING PRIORITY

Due to the limited amount of funds available, an event funding priority has been established. Boxing Canada will focus its event funding priority order within the events classified in the previous section (Major and Developmental).

1. 2020 Olympic Games
2. 2017, 2018, 2019, 2020 Elite World Team Championships
2. 2019 PANAM Games
3. 2018 Commonwealth Games
4. 2018, 2019 World Youth Championships
5. Developmental Events as designated by the HPD



## 11. NATIONAL AND DEVELOPMENT TEAM ATHLETE FINANCIAL CONTRIBUTION

POOL	ATHLETES CONTRIBUTION NON-OLYMPIC WEIGHT CATEGORIES					
	World Championships	International Competitions	Continental Championships	Continental Competitions	Dual match	Training camp
"A"	Funded	100%	Transportation	100%	100%	100%
"B"	100%	100%	100%	100%	100%	100%
"C"	100%	100%	100%	100%	100%	100%
Development	100%	100%	100%	100%	100%	100%
Performance reimbursement (with at least one win)	*All the above programs, at the exception of the dual match and training camp, are eligible to performance reimbursement and are dependent upon available financial resources and may be subject to change.					





POOL	ATHLETES CONTRIBUTION FOR OLYMPIC WEIGHT CATEGORIES						
	Major Games	World Championships	International Competitions	Continental Championships	Continental Competitions	Dual match	Training camp
"A"	--	--	--	--	--	--	--
"B"	--	--	Transportation	--	Transportation	Transportation	--
"C"	--	Accommodation and Meals	100%	100%	100%	100%	\$250 + Transportation
Development	100%	Accommodation and Meals	100%	Accommodation and Meals	100%	100%	\$250 + Transportation
Performance reimbursement (with at least one win)	*All the above programs, at the exception of the dual match and training camp, are eligible to performance reimbursement and are dependent upon available financial resources and may be subject to change.						



## **12. EXTENUATING CIRCUMSTANCES**

In considering the performances and results of current National Team Members at events, trials, training camps or other attendances required under this Policy, the HPD may in its discretion, give weight to extenuating circumstances in accordance with this Policy.

1. For the purposes of this Policy, extenuating circumstances means an inability to compete, attend training camps or perform at an optimum level arising from any one or more of the following:
  - a) Injury or illness (documented at the time the incident occurred and accompanied by a certified medical explanation).
  - b) Conflict of date
3. Current National Team Members unable to compete at a Canadian Championships, or other attendances required under this Policy must advise the HPD of the extenuating circumstances in writing of this fact and the reasons thereof, with as much advance notice as possible (ideally seven (7) days) prior to the commencement of the Canadian Championships or attendances upon which selection may be considered under this Policy.
4. In the case of injury or illness, current National Team Members are required by the HPD to provide a doctor's certificate and/or undergo a medical examination by a medical practitioner/s nominated by Boxing Canada and to provide the opinion and/or report of such practitioner to the HPD. A failure to agree to such request will result in the HPD being prevented from considering the injury or illness as extenuating circumstances.
5. The determination of an extenuating circumstance will be made on a case by case basis. Such determination will be made by the HPD; and will be documented accordingly.

## **13. ALLOCATION OF COMPETITIVE OPPORTUNITIES**

1. Selection to the High Performance Program does not automatically provide an athlete with entry into Commonwealth Games, Pan Am Games, World Championship, or Olympic Games competitions.
2. The selection of athletes for participation in the Commonwealth Games, Pan Am Games, World Championship and Olympic Games competitions is done according to separate Selection Protocols, which are available on Boxing Canada's website ([www.boxingcanada.org](http://www.boxingcanada.org)).
3. Boxing Canada may decide at any time in its discretion not to select or enter a Team, or to vary the Team size in any one or more of the events specified in the seasonal calendar. Athletes will be notified as soon as practicable if Boxing Canada decides not to select a Team under this clause.
4. All High Performance Program athletes will be entered into the Canadian Championships as team-members of the National Team.



### 13. CHANGES TO THIS DOCUMENT

1. Boxing Canada reserves the right to makes changes to this document, which in its discretion are necessary to ensure selection of the best athlete possible for the 2018 National Team Members. Any changes to this document shall be communicated directly to all National Team and Development Team members and published on Boxing Canada’s website ([www.boxingcanada.org](http://www.boxingcanada.org)).

### 14. APPEAL PROCESS

1. Appeals of Boxing Canada decisions may be pursued only through Boxing Canada Appeals Policy, which is available on Boxing Canada’s website ([www.boxingcanada.org](http://www.boxingcanada.org)).
2. Athletes shall only be permitted to appeal when they are directly affected by a decision. As such, any athlete who was not being considered for selection to a Pool shall not have the right to appeal a selection decision.

### 15. LANGUAGE

1. Where there is a difference in interpretation between the French and English versions of this document, then the English version shall prevail.