



Team Delegations' Handbook

2016 Canadian Championships – Quebec City, Quebec

March 28th to April 2nd, 2016



Title Event:

- 2016 Canadian Championships

Event Period:

Tournament Period	March 28 th to April 3 rd , 2016
Competition Period	March 29 th to April 2 nd , 2016

Competition Venue:

- Hilton Québec - 1100 Boulevard René-Lévesque Est, Ville de Québec, QC G1R 4P3, Canada
- Competition held on two (2) rings

Accommodation:

- Hilton Québec
 - Booking for hotel room must be done directly to the Hilton Québec and use the following link <http://group.hilton.com/championnatcanadiendeboxeolympique2016> to benefit from a preferential rate of \$129 for a double bed room.

Eligible Athletes:

Elite

- Team Western, Team Ontario, Team Quebec, Team Atlantic and National Team can send two (2) Boxer's in each weight category. Athletes MUST be open class boxers.
- Boxing Canada will allow 2015 men's and women's National Team Pool athletes an automatic entry into the 2016 Canadian Championships.
 - National team athletes must register for the 2016 Canadian Championships in the same weight class that they competed at for the 2015 Boxing Canada National Championships to have their automatic entry.
 - Winner of the 2016 Olympic Qualification are exempt from competing at 2016 Canadian Championships.

Youth

- Provincial Association can send two (2) Boxer's in each weight category. Athletes MUST be open class boxers.

Junior

- Provincial Association can send two (2) Boxer's in each weight category. Athletes MUST be open class boxers.

Registration and Fee:

Registration Procedure:

- Registration is open until March 1st, 2016.
- All official delegation participant must be register by their Provincial Association for the 2016 Canadian Championship and the **official registration document in annex 1** must be completed and received at info@boxingcanada.org by March 1st, 2016. **ONLY THE OFFICIAL DOCUMENT WILL BE ACCEPTED, NO EXCEPTIONS.**



- Accreditation will be available onsite for personal coaches and Boxing Canada 2016 coaching cards will be required to receive accreditation.

Fee:

- Athlete: \$25 (Payable to Boxing Canada at the time of registration)
- Official delegation Coaches and Team Manager: \$25 (Payable to Boxing Canada at the time of registration)
- Personal Coaches: \$40 (Only available on site with the event organizer)

Schedule:

Monday March 28th

- 9:00 – 19:00 Team Arrival
- 16:00 – 20:00 Team Accreditation
- 20:00 – 21:00 Boxing Canada Technical Meeting

Tuesday March 29th

- 7:00 – 9:00 Medicals & General Weigh-In (Female)
- 8:00 – 10:00 Medicals & General Weigh-In (Male)
- 11:00 Official Draw
- 18:00 Session 1

Wednesday March 30th

- 8:00 – 9:00 Daily Medicals & Weigh-In (Female)
- 8:00 – 9:00 Daily Medicals & Weigh-In (Male)
- 13:00 Session 2
- 19:00 Session 3

Thursday March 31st

- 8:00 – 9:00 Daily Medicals & Weigh-In (Female)
- 8:00 – 9:00 Daily Medicals & Weigh-In (Male)
- 13:00 Session 4
- 19:00 Session 5

Friday April 01st

- 8:00 – 9:00 Daily Medicals & Weigh-In (Female)
- 8:00 – 9:00 Daily Medicals & Weigh-In (Male)
- 13:00 Session 6
- 19:00 Session 7

Saturday April 2nd

- 8:00 – 9:00 Daily Medicals & Weigh-In (Female)
- 8:00 – 9:00 Daily Medicals & Weigh-In (Male)
- 12:00 Session 8

Sunday April 3rd

- All day Departure



Number of Team Officials:

- 1 – 4 boxers = up to 4 coaches
- 5 – 9 boxers = up to 5 coaches
- 10+ boxers = up to 6 coaches

In addition, each Team Delegation may be accompanied by one (1) Team Manager.

Up to three (3) certified Coaches can act as ring Seconds in each Bout.

For Elite boxer's at least one NCCP Level 3, Level 4 and Level 5 certified Coach must be present as a second in each bout at all times.

For Junior and Youth boxer's coaches must be at least Level 1 or Apprentice Coach NCCP Certified Coaches.

Coaches must be registered in the NCCP Database as Boxing Canada will check each Coach's status after the registration deadline on March 1st. Without the appropriate NCCP certification, coaches will not be allowed to enter this competition.

Referees and Judges:

All Referees & Judges will be selected and appointed by Boxing Canada. No Provincial Association can send its own R&Js to this competition.

Rules:

AIBA rules will be in effect.

Age Classification and Weight Categories:

Elite

Age Classification:

- 1997 and up

Weight Categories:

- Elite Men's: 49kg, 52kg, 56kg, 60kg, 64kg, 69kg, 75kg, 81kg, 91kg and +91kg
- Elite Women's: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, 81kg and +81kg

*Men Boxers aged 18 following their year of birth are allowed to participate in all Elite Men Competitions (AOB, APB and/or WSB). This grace period will end on December 31, 2016.

Youth

Age Classification:

- 1998 and 1999

Weight Categories:

- Youth Men's: 49kg, 52kg, 56kg, 60kg, 64kg, 69kg, 75kg, 81kg, 91kg and +91kg
- Youth Women's: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, 81kg and +81kg



Junior

Age Classification:

- 2000 and 2001

Weight Categories:

- Junior Men's: 38kg, 40kg, 42kg, 44kg, 46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg and +80kg
- Junior Women's: 38kg, 40kg, 42kg, 44kg, 46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg and +80kg

Documentation:

Athletes must bring the following items to participate at this event:

- Boxing passport with a photo and current registration year.
- Annual medical MUST be done in your boxing book or attached to it. **No Exception**

Coaches must bring the following items to participate at this event:

- Boxing Coach coaching card.

Draw:

- Elite draw will be seeded as:
 - The highest rank athletes from the 2015 National Team Pool will get the number 1 spot.
 - The second highest rank athletes from the 2015 National Team Pool will get the number 2 spot.
- No seeding for Junior and Youth.

Competition Format:

Elite and Youth

- AIBA scoring 10 Point Must system will be used for this tournament.
- Single elimination.

Junior

- AIBA scoring 10 Point Must system will be used for this tournament.
- Round Robin Format.

Numbers of Rounds:

- Elite and Youth men's: Three (3) rounds of three (3) minutes, one (1) minute rest between rounds.
- Elite and Youth women's: Four (4) rounds of two (2) minutes, one (1) minute rest between rounds.
- Junior men's and women's: Three (3) rounds of two (2) minutes, one (1) minute rest between rounds.

Weigh-In:

- Test scale will be available every day.
- Registered boxer's weight should not exceed the maximum of the boxer's weight class nor be below the minimum of the boxer's weight class.



- The weight registered at the general weigh-in on the first day decides the boxer's weight class for the entire competition, but this boxer will still be required to weigh-in each day in which this boxer is due to box to ensure that the actual weight on that day does not exceed the maximum of the boxer's registered weight class.
- Any competitor who cannot make the weight at the general weigh-in can enter the higher or lower weight class if numbers permit.

Boxing Equipment:

- AIBA approved Competition gloves (10oz and 12oz) will be provided by Boxing Canada.
- AIBA approved Competition head gear will be provided by Boxing Canada for Elite women's, Youth and Junior boxers.
- Elite men's boxers will compete with No head gear
- Bandages (handwraps) will be provided to all boxers by Boxing Canada.
- The mouth guard is mandatory and No Red mouth guard or similar color will be permitted.
- Women's athletes with long hair MUST wear a bandana or a hair net under their headgear.
- Boxer's Uniform:
 - Each Boxer must bring Red and Blue set uniform (complete red and blue colour sets – short and vest - without mixing any other colour).
 - The belt line of any shorts must be clearly indicated by a contrasting colour and by using a 6-10cm wide elastic waistband (the belt line is an imaginary line from the navel to the top of the hips).

Note:

- No personal boxing gloves, bandages (handwraps) and head gear will be permitted in the ring.

Protest:

- No Protest

Doping Control:

- Doping control testing may be conducted, in accordance with the Canadian Policy on Doping in Sport and Canadian Doping Control Regulations. Please see <http://www.cces.ca>.