



2020 CANADIAN CHAMPIONSHIPS
ELITE – YOUTH – JUNIOR

TEAM DELEGATIONS' HANDBOOK

MONTREAL, QUEBEC
MAY 12-17, 2020



TITLE EVENT

- 2020 Canadian Championships

EVENT PERIOD

Tournament Period	May 12 – 17, 2020
Competition Period	May 13-17, 2020

COMPETITION VENUE

- **Centre Pierre-Charbonneau**
3000 Viau St, Montreal QC H1V 3J3
www.centrepierrecharbonneau.com
 - Competition held on two (2) rings
 - Training venue will be held at Centre Pierre-Charbonneau as of Tuesday, May 12th. Hotel Universel also has a gym that can be used.
 - Daily weigh-in and medical exams will be held at Hôtel Universel

ACCOMMODATION

- **Hôtel Universel Montréal**
5000 rue Sherbrooke Est, Montreal QC H1V 1A1
*The Hotel is located 400m from the competition venue (5-minute walk across the street)
<https://www.hoteluniverselmontreal.com/en/>
 - Guestroom Rates: \$150.00/night (+taxes) for double occupancy
 - Supplement of \$10 / person for triple or quadruple occupancy
 - Room types available: Regular (2 double beds), Superior (1 King bed), Prestige (2 double beds or 1 King bed) or Suite (1 King bed)
Room type is based on first-come, first-served availability
 - Amenities on-site: Indoor and outdoor pools, onsite gym free Wi-Fi, free parking, shuttle service within a 3km radius of the hotel, restaurant, next to a public transit and metro station (Viau), health center and spa
 - Dates of Stay: May 11-18, 2020
 - Booking deadline: **April 10, 2020**
*After which, our room bloc will be released. Bookings will be subject to availability at the hotel regular rates.
 - Reservation: To make your reservation, you will have the option to make individual reservation or reserve a bloc of rooms for your team:
 1. Team reservation
If you need to reserve a bloc of rooms for a team, you will need to contact the hotel's Sales Coordinator and use the code "**670728**":
Yuening Song
Sales Coordinator
(514) 373-27022
ysong@hoteluniverselmontreal.com



2. Individual reservation

For individual reservation, you will need to contact the hotel directly and use the following booking code to benefit from the preferred rate: “670729”:

Local phone: (514) 253-3365

Toll-free number: 1-800-567-0223

info@hoteluniverselmontreal.com

TRANSPORT

• **Air Transport**

Air Canada is pleased to offer 10% discounts on flex fares and up for the 2020 Canadian Championships in Montreal, QC.

To apply the discount, simply add the code **KARQGCQ1** in the promotion box when you book your flight at www.aircanada.com and the discount will automatically calculate for you. Discounts also apply for 7 days pre and post event dates to provide more flexibility.

• **Local Transport**

Transport will be provided to/from the airport to Hotel Universel guests **only**. If you require transport, boxers/province are responsible to send their itinerary (flight numbers, arrival and departure time, number of participants on the flight & contact person with phone number).

Please send your transport information to Jérémie Caron by **April 24, 2020**. Here’s his contact information:

Jérémie Caron

Boxing Canada, Project & Program Coordinator

jcaron@boxingcanada.org

(514) 861-3684

ELIGIBLE ATHLETES

In order to be eligible athletes must first:

- a) Be a Canadian citizen;
- b) Be in good standing with Boxing Canada;
- c) Not have any outstanding fines/fees payable to Boxing Canada;

Elite

- Provincial Association and Boxing Canada can send two (2) Boxer’s in each weight category. Athletes must be open class boxers.
- Boxing Canada will allow 2019 Men’s and Women’s Elite National Team Pool athletes an automatic entry into the 2020 Canadian Championships.
- Athletes participating in the Qualification Event for Tokyo 2020 Olympic Games will be exempt of participating in the 2020 Canadian Championships. They will be granted the same privilege as the 2020 Canadian Champion in the 2020/2021 National Team selection process from the High Performance Program Selection Protocol.

Youth

- Provincial Association can send two (2) Boxer’s in each weight category. Athletes must be open class boxers.

Junior

- Provincial Association can send two (2) Boxer’s in each weight category. Athletes must be open class boxers.



AGE CLASSIFICATION AND WEIGHT CATEGORIES

Elite (2001 and older)

Weight Categories:

- Elite Men's: 49kg, 52kg, 56kg, 60kg, 64kg, 69kg, 75kg, 81kg, 91kg and +91kg
- Elite Women's: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, 81kg and +81kg

Youth (2002 and 2003)

Weight Categories:

- Youth Men's: 49kg, 52kg, 56kg, 60kg, 64kg, 69kg, 75kg, 81kg, 91kg and +91kg
- Youth Women's: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, 81kg and +81kg

Junior (2004 and 2005)

Weight Categories:

- Junior Men's: 38kg, 40kg, 42kg, 44kg, 46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg and +80kg
- Junior Women's: 38kg, 40kg, 42kg, 44kg, 46kg, 48kg, 50kg, 52kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 75kg, 80kg and +80kg

REGISTRATION AND FEE

Registration Procedure:

- Registration is open until **Friday April 17th, 2020**.
- All official delegation participant must be register by their Provincial Association for the 2020 Canadian Championship and the **official registration document in Annex 1** must be completed and received at info@boxingcanada.org by April 17th, 2020. **ONLY THE ELECTRONIC VERSION OF THE OFFICIAL DOCUMENT WILL BE ACCEPTED, NO EXCEPTIONS.**
- No changes are permitted after the deadline for registration, only substitutions will be permitted. **NO EXCEPTIONS**. The number of registered boxers and provincial coaches at the registration deadline will be charged to the Provincial Association (no refunds will be granted).

Fee:

- Athlete: \$65 (Payable to Boxing Canada at the time of registration)
- Official delegation Coaches and Team Manager: \$65 (Payable to Boxing Canada at the time of registration)
- Personal Coaches: \$65 (Payable on-site at the time of registration or at ticketing during the competition. Boxing Canada 2020 coaching cards will be required to receive accreditation)

Number of Team Officials

1 – 4 boxers = up to 3 coaches

5 – 9 boxers = up to 4 coaches

10+ boxers = up to 5 coaches

- In addition, each Team Delegation may be accompanied by one (1) Team Manager.
- Up to three (3) certified Coaches can act as ring Seconds in each bout.
- For Elite and Youth boxers, at least one NCCP Competition-development or Competition-High performance certified coach (or equivalent) must be present as a second in each bout at all times.
- For Junior boxers, coaches must be at least Instruction-beginner (or equivalent) Certified Coaches.



Please note that without the appropriate NCCP certification, coaches will not be allowed to enter this competition.

SCHEDULE (All listed activities are taking place at Centre Pierre-Charbonneau, unless specified otherwise)

*Please make sure that all registered boxers are in the right weight class and age group prior to on-site registration as no changes will be made at the start of the competition.

** The schedule and topics of the seminars and presentations are subject to change

Tuesday, May 12th

- 4 pm – 7pm Team Accreditation (there will be no team accreditation on Wednesday)
- 8 pm – 10 pm Official draw followed by Boxing Canada Technical Meeting

Wednesday, May 13th

- 8 am – 9 am Daily Medicals & Weigh-In (Female) – Hotel Universel Montreal
- 8 am – 9 am Daily Medicals & Weigh-In (Male) - Hotel Universel Montreal
- 9:30 am – 11:30 am Workshops (to be confirmed)
- 6 pm Session 1

Thursday, May 14th

- 8 am – 9 am Daily Medicals & Weigh-In (Female) - Hotel Universel Montreal
- 8 am – 9 am Daily Medicals & Weigh-In (Male) - Hotel Universel Montreal
- 9:30 am – 11:30 am Workshops (to be confirmed)
- 10:30 am – 12:30 pm Open sparring session*
- 1 pm Session 2
- 7 pm Session 3

Friday, May 15th

- 8 am – 9 am Daily Medicals & Weigh-In (Female) - Hotel Universel Montreal
- 8 am – 9 am Daily Medicals & Weigh-In (Male) - Hotel Universel Montreal
- 9:30 am – 11:30 am Workshops (to be confirmed)
- 10:30 am – 12:30 pm Open sparring session*
- 1 pm Session 4
- 7 pm Session 5

Saturday, May 16th

- 8 am – 9 am Daily Medicals & Weigh-In (Female) - Hotel Universel Montreal
- 8 am – 9 am Daily Medicals & Weigh-In (Male) - Hotel Universel Montreal
- 9:30 am – 11:30 am Workshops (to be confirmed)
- 10:30 am – 12:30 pm Open sparring session*
- 1 pm Session 6
- 7 pm Session 7

Sunday, May 17th

- 8 am – 9 am Daily Medicals & Weigh-In (Female) - Hotel Universel Montreal
- 8 am – 9 am Daily Medicals & Weigh-In (Male) - Hotel Universel Montreal
- 1 pm Session 8
- 5 pm – 8 pm Annual Awards Ceremony (by invitation only) - Hotel Universel Montreal



DOCUMENTATION

Athletes must bring the following items to participate at this event:

- Boxing record book with a photo and 2020 registration year.
- Annual medical MUST be done in your boxing record book **AND** the full medical form must be attached to it.
No Exception
- **SCAT 5** is **mandatory** for all athletes and **MUST be duly completed by a doctor, a nurse, physiotherapist or certified athletic therapist** (must include official stamp of the professional who conducted the test and/or their license number), otherwise the athlete will not be eligible for the competition.
- It is also **mandatory** for ALL female boxers to bring a duly completed Declaration of Non-Pregnancy
 - [Declaration of Non-Pregnancy for women boxers aged 18 years old and over](#)
 - [Declaration of Non-Pregnancy for women boxers aged under 18 years old](#)

All coaches (provincial and personal) must bring the following items to participate at this event:

- Boxing Canada 2020 Coach coaching card.

DRAW

- Elite draw will be seeded as:
 - The highest rank athletes from the 2019 National Team Pool will get the number 1 spot.
 - The second highest rank athletes from the 2019 National Team Pool will get the number 2 spot.
- No seeding for Junior and Youth.

REFEREES AND JUDGES

All Referees & Judges will be selected and appointed by Boxing Canada. No Provincial Association can send its own R&Js to this competition.

RULES

AIBA rules will be in effect.

COMPETITION FORMAT

Elite, Youth and Junior

- AIBA scoring system will be used for this tournament
- Single elimination

Open sparring session (new)

- On Thursday, Friday and Saturday between 10:30am until 12:30pm, both rings will be available to organize open sparring session for all participants. Sign-up sheets will be available to schedule specific time at the discretion of the coaches.

Numbers of Rounds

- Elite and Youth (men & women): Three (3) rounds of three (3) minutes, one (1) minute rest between rounds.
- Junior (men & women): Three (3) rounds of two (2) minutes, one (1) minute rest between rounds.



WEIGH-IN

- Test scale will be available every day, starting on Monday, May 11th
- Registered boxer's weight should not exceed the maximum of the boxer's weight class nor be below the minimum of the boxer's weight class.
- There will be no general weigh in for the championships; the weight registered prior to the official draw decides the boxer's weight class for the entire competition.
- Boxer will still be required to weigh-in each day they are scheduled to box to ensure that the actual weight on each day does not exceed the maximum of the boxer's weight class nor be below the minimum of the boxer's weight class.

BOXING EQUIPMENT

- AIBA approved Competition gloves (10oz and 12oz) will be provided by Boxing Canada.
- AIBA approved Competition head gear will be provided by Boxing Canada for all boxers
- Bandages (handwraps) will be provided by Boxing Canada for all boxers.
- The mouth guard is mandatory, and no red mouth guard or similar color will be permitted.
- Women's athletes with long hair must wear a bandana or a hair net under their headgear.

Boxer's Uniform:

- Each Boxer must bring Red and Blue set uniform (complete red and blue colour sets – short and vest - without mixing any other colour).
- Only 2019 National Team members can wear the National Team uniform.
- The belt line of any shorts must be clearly indicated by a contrasting colour and by using a 6-10cm wide elastic waistband (the belt line is an imaginary line from the navel to the top of the hips).

Note: No personal boxing gloves, bandages (handwraps) / gauze and head gear will be permitted in the ring.

HIGH PERFORMANCE PROGRAM

The 2020 Canadian Championships is one of the event identified in the [High Performance Program Selection Policy 2020 - 2021](#). After the competition, Elite and Youth Canadian champions will be required to attend mandatory physical testing and meetings at the National Training Centre in Montreal in order to be considered in the selection of the National Team Pools.

Athletes eligible for selection to the 2020/2021 High Performance Program will be identified, ranked and offered National Team and Development Program positions in accordance with the specific procedures set out in the High Performance Program Selection Policy.

IMAGE RIGHTS

By registering to the competition, you automatically agree that your picture may be taken and used for promotional and marketing purposes by Boxing Canada. If you do not want your pictures to be used for such purposes, please send an email to Boxing Canada (info@boxingcanada.org) before the start of the competition, including your name and role in the competition.

PROTEST

- No Protest allowed

DOPING CONTROL

- Doping control testing may be conducted, in accordance with the Canadian Policy on Doping in Sport and Canadian Doping Control Regulations. Please see <http://www.cces.ca>.



ANNEX 1

REGISTRATION FOR JUNIOR BOXERS

<i>Junior Men</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
38 kg	1)	2)
40 kg	1)	2)
42 kg	1)	2)
44 kg	1)	2)
46 kg	1)	2)
48 kg	1)	2)
50 kg	1)	2)
52 kg	1)	2)
54 kg	1)	2)
57 kg	1)	2)
60 kg	1)	2)
63 kg	1)	2)
66 kg	1)	2)
70 kg	1)	2)
75 kg	1)	2)
80 kg	1)	2)
80+ kg	1)	2)

<i>Junior Women</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
38 kg	1)	2)
40 kg	1)	2)
42 kg	1)	2)
44 kg	1)	2)
46 kg	1)	2)
48 kg	1)	2)
50 kg	1)	2)
52 kg	1)	2)
54 kg	1)	2)
57 kg	1)	2)
60 kg	1)	2)
63 kg	1)	2)
66 kg	1)	2)
70 kg	1)	2)
75 kg	1)	2)
80 kg	1)	2)
80+ kg	1)	2)



REGISTRATION FOR YOUTH BOXERS

<i>Youth Men</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
49 kg	1)	2)
52 kg	1)	2)
56 kg	1)	2)
60 kg	1)	2)
64 kg	1)	2)
69 kg	1)	2)
75 kg	1)	2)
81 kg	1)	2)
91 kg	1)	2)
91+ kg	1)	2)

<i>Youth Women</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
48 kg	1)	2)
51 kg	1)	2)
54 kg	1)	2)
57 kg	1)	2)
60 kg	1)	2)
64 kg	1)	2)
69 kg	1)	2)
75 kg	1)	2)
81 kg	1)	2)
81+ kg	1)	2)



REGISTRATION FOR ELITE BOXERS

<i>Elite Men</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
49 kg	1)	2)
52 kg	1)	2)
56 kg	1)	2)
60 kg	1)	2)
64 kg	1)	2)
69 kg	1)	2)
75 kg	1)	2)
81 kg	1)	2)
91 kg	1)	2)
91+ kg	1)	2)

<i>Elite Women</i>		
Province / team :		
Weight	Name of boxer 1	Name of boxer 2
48 kg	1)	2)
51 kg	1)	2)
54 kg	1)	2)
57 kg	1)	2)
60 kg	1)	2)
64 kg	1)	2)
69 kg	1)	2)
75 kg	1)	2)
81 kg	1)	2)
81+ kg	1)	2)



REGISTRATION FOR SUPPORT STAFF

<i>Official support staff</i>	
Province / team :	
Team Manager	
Coach – 1	
Coach – 2	
Coach – 3	
Coach – 4	
Coach – 5	

1 – 4 boxers = up to 3 coaches

5 – 9 boxers = up to 4 coaches

10+ boxers = up to 5 coaches

Fill the names directly on the forms and return it to Boxing Canada at info@boxingcanada.org

Registration deadline: April 17, 2020